

These publications are available to buy from Bipolar Fellowship Scotland. To order any of these publications, please complete and print off the order form. Please send your completed order form and remittance to:

Bipolar Fellowship Scotland
 Studio 1016
 Mile End Mill
 Abbeymill Business Centre
 Seedhill Road
 Paisley PA1 1TJ

Please make out cheque/postal order to Bipolar Fellowship Scotland

ORDER FORM

Title of Publication	Quantity	Cost
Bipolar Affective/Manic Depressive Disorder Description of the illness giving symptoms of Mania and Depression. General information on how to help. £3.00		£
Drug Treatment of Bipolar Disorder/Manic Depression Gives useful information about drugs used in the treatment of bipolar disorder. £4.00		
Parenthood and Bipolar Disorder/Manic Depression Covers the pros and cons of medication and pregnancy. £1.50		
Bipolar Disorder in Children and Young People Leaflet aimed at friends, family, parents and support professionals of younger people and children with bipolar disorder £4.00		

<p>Rosie's Mum (colour photocopy only) BFS booklet for very young children with a parent who has Bipolar Disorder. £2.50</p> <p>Bipolar Disorder/Manic Depression - Information for Family & Friends A guide for those coping with relatives or friends who have bipolar disorder/ manic depression. £3.00</p>		
<p>Why did my world have to change For teenagers coping with a parent who has bipolar disorder. £1.50</p>		
<p>Lithium Therapy Information sheet on Lithium therapy. 50p</p>		
<p>Carbamazepine Therapy Information sheet on Carbamazepine therapy. 50p</p>		
<p>Mental Illness – does it blow your mind? MDF: The Bipolar Organisation Wales booklet for young people giving the facts on mental illness £1.50</p>		
<p>Making Sense ofLithium</p> <p>Joint MDF/Mind publication. Answers questions about Lithium. £3.00</p>		

<p>A Guide to Self Help Booklet produced by Bipolar Fellowship Scotland for people who have bipolar disorder, their carers & friends. Dealing with depression, handling a high, stress, medication & caring for someone with bipolar disorder covered. Free to members (£2.50 to non members)</p>		
<p>Inside Out Compiled by David Guinness, former chair of MDF: The Bipolar Organisation.. Offers practical advice on managing bipolar disorder/manic depression. Similar to the above. £3.50</p>		
<p>A Balancing Act Specifically for those who care for someone with bipolar disorder/manic depression. Offers practical advice. £3.50</p>		
<p>Carbamazepine & M.D: A Guide Understanding what Carbamezepine is and how it is used to treat bipolar disorder/manic depression. £3.50</p> <p>Planning Ahead for people with Bipolar Disorder/Manic Depression Advance statements and coping strategies for when you are ill, developed when you are well. Contains information on how you might try to protect yourself should an episode (high or low) of the illness recur. £2.50</p>		

<p>Planning Ahead for people with Bipolar Disorder/Manic Depression Advance statements and coping strategies for when you are ill, developed when you are well. Contains information on how you might try to protect yourself should an episode (high or low) of the illness recur. £2.50</p>		
<p>Employers guide to Bipolar Disorder/Manic Depression and Employment Booklet aimed at employers who have little experience in management of employees with the diagnosis of bipolar disorder/manic depression. £3.50</p>		

Total Remittance £.....

All prices listed are inclusive of postage and packing.

Your Name _____

Address _____

Postcode _____