



Scottish Perinatal Mental Health  
Forum

**Annual Conference**

**Monday 23rd April 2012**

**9.30am – 4pm**

**Marriott Hotel  
500 Argyle Street  
Glasgow  
G3 8RR**

# **Management of perinatal mental health disorders**

*Perinatal mental health affects almost everyone at some point in their life and impacts on all aspects of health and social care. This conference had been organised to launch the SIGN patient version of the Management of Perinatal Mental Health Disorders and to bring together people that have a professional interest in or experience of perinatal mental health issues*

**Cost        £50 for the full day**

*There are a limited number of free places  
for women with lived  
experience of*

*perinatal mental health issues*

*Booking form and further information*

Internationally  
recognised speakers in  
perinatal mental health  
issues and women with lived  
experience form the  
content of the day.

**The workshops include Positive Play, Talking Therapies, Women's Stories,  
Tackling Stigma, Infant Mental Health and more**



*Linking people and practice in Scotland*