



Scottish Perinatal Mental Health Forum Conference

Conference Information

Perinatal Mental Health affects almost everyone at some point in their life, even if we don't know it. The conference will bring together people who have experience of perinatal mental health issues either professionally or personally. There will be a range of speakers including people who are recognised internationally and women who have lived experience.

The outcomes from the day will inform practice guidelines and the future direction of the SPMHF

Who should attend?

As Perinatal Mental Health impacts on all spectrums of health and social care and families you should attend especially if:

- you are a professional working with pregnant women or women who are in the postnatal period.
- you have lived experience of Perinatal Mental Health
- you provide support for someone either as partner, friend or a voluntary sector organisation

Costs and Booking

The cost of the day is £50. There are a limited number of free places for women and their families that have lived experience of perinatal mental health issues, to book your place fill in the booking form and return to the address on the form. Your booking will be confirmed once payment has been received.

Free places will be allocated on a first come basis; you will be informed if you have a place.

Travel and Accommodation

The Marriott Hotel is based in central Glasgow and there are good transport links to the hotel. You can access travel directions here

<http://www.marriott.co.uk/hotels/maps/travel/gladt-glasgow-marriott-hotel/>

There are number of rooms available at the discounted rate of £93.00 bed and breakfast at the Marriott should you decide to stay in Glasgow. You can book your room direct by calling 0800 222 221 and quote the reference number A07

The costs of these rooms are not included in the delegate cost

There is a list of other hotels which offer moderately priced accommodation and a list is available here www.mhngg.org.uk

Should you have any further questions please contact the Mental Health Network on 0141 550 8417 or margaret@mhngg.org.uk

The conference has been supported by:





Name		
Address		
Phone No		Mobile
Email		
Job title		
Are you applying for a free place?		
How do you prefer to be contacted?		

Please send completed booking form to Anna Barclay
Mental Health Network
Templeton Business Centre
62 Templeton Street
Glasgow
G40 1DA
Or anna@mhngg.org.uk

Cheques should be made payable to Mental Health Network (Greater Glasgow)

Invoices and receipts will be issued on request