Children's Mental Health Conference 2012

knowledge updates, current developments, best practice and networking opportunities

Tuesday 15 May 2012, Glasgow

Plus - Troubled Times Workshop

Working with children with attachment and mental health issues

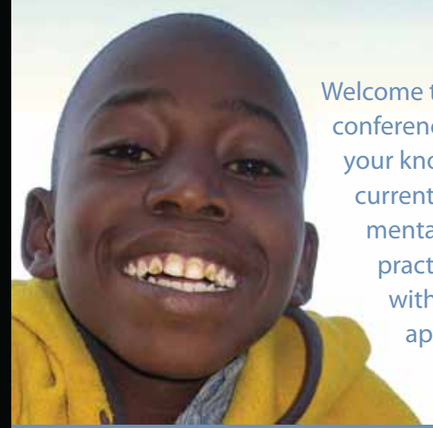
Wednesday 16 May 2012, Glasgow

3 Easy Ways to Book

- *Online: www.medicacpd.com*
- *Telephone: 0141 270 8097 / 079 6656 1474*
- *Post*

MEDICA CPD *in association with*

University of Glasgow | STRADA Expanding knowledge, changing practice | DrugScope | Education Scotland Foghlam Alba



Welcome to the 2012 children's mental health conference, we aim to refresh and enhance your knowledge on a variety of key topics and current developments in the field of children's mental health, show examples of good practice and most importantly provide you with practical information which you can apply. We do hope you can join us!

Some great reasons to attend

♥ Benefit from the latest updates, current thinking and guidelines ♥ Hear and share practical strategies for supporting children and young people ♥ Hear from and meet leading experts ♥ Learn from examples of best practice ♥ Debate and discuss hot topics ♥ Meet others with an interest in children's mental health ♥ Certificates of Attendance.

Who Should Attend

The conference will be of particular relevance to those working with children and young people in education, health and social care settings, voluntary and charity organisations. Others with an interest in this area are welcome to attend.

Conference details

Date: Tuesday 15th May 2012
Venue: Hilton Glasgow Grosvenor Hotel, 1-9 Grosvenor Terrace, Glasgow G12 0TA 0141 339 8811

Time: The conference will start promptly at 10.00am and finish at approximately 4.20pm. Registration will be open from 9.15 - 10.00am.

Registration cost
£197 including lunch and refreshments

Accommodation
Please see: **www.seeglasgow.com**

Registration

By Post: To register for this conference, please complete the registration form on the leaflet, detach and return no later than **Tuesday 1st May 2012**.

Online: www.medicacpd.com

Telephone: 0141 270 8097 / 079 6656 1474

It is advisable book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking please contact on the above numbers or email **carolyn@medicacpd.com**

About the conference organisers

Carolyn Fraser and her team previously ran the highly successful CPD unit at the College of Medical, Veterinary and Life Sciences, University of Glasgow. When the unit closed, they took the opportunity to set up Medica Cpd Ltd allowing for many popular conferences to carry on such as the Children's Mental Health Conference.

Programme

9.15 - 10.00	**Registration and refreshments on arrival**
10.00 - 10.05	**Introduction from the morning chair** **Maureen Smillie,** Independent Healthcare Consultant, Glasgow
10.05 - 10.30	**"Blethering with children and young people and what they told us"** **Tam Baillie,** Scotland's Commissioner for Children and Young People
10.30 - 10.35	**Questions**
10.35 - 11.00	**What's new in Attachment disorders** *- What is RAD and prevalence?* *- Significance of RAD for development and why some maltreated children get RAD and some don't?* **Dr Helen Minnis,** Clinical Senior Lecturer, Child and Adolescent Psychiatry, University of Glasgow
11.00 - 11.10	**Questions and discussion**
11.10 - 11.40	**Refreshment break**
11.40 - 12.05	**Kids Company therapeutic model of intervention for extremely vulnerable children** *Kids Company is a London based children's charity founded in 1996 by Camila Batmanghelidjh, providing practical, emotional and educational support to 12,000 of the most vulnerable inner-city children and young people.* *Christina will present the work of Kids Company as primarily a street level intervention service designed to meet the needs of the most challenged and challenging children and families, the majority who self-refer for help.* **Christina Enright,** Integrative Child Psychotherapist & Training Manager, Kids Company
12.05 - 12.15	**Questions and discussion**
12.15 - 12.40	**Getting it right for children and young people with Asperger syndrome** *- Conceptualisation of Asperger syndrome* *- What is needed in supporting children/young people* **Dr Luke Beardon,** Senior Lecturer, The Autism Centre, Sheffield Hallam University
12.40 - 12.50	**Questions and discussion**
12.50 - 1.50	**Lunch** *including a short film of drug abuse and young children*
1.50 - 1.55	**Introduction from the afternoon chair** **Alistair Cairns,** Education Manager, Health & Wellbeing Team, Education Scotland
1.55 - 2.20	**Substance misuse in children and young people** *- Update on research that has had an impact and what works* **Joy Barlow MBE,** Strategic Lead for STRADA, University of Glasgow
2.20 - 2.25	**Questions**
2.25 - 2.50	**Self - harm in children and teenagers** *- Why children self harm and what can we do about it?* **Dr Michael van Beinum,** Consultant Child and Adolescent Psychiatrist, NHS Borders
2.50 - 3.00	**Questions and discussion**
3.00 - 3.15	**Refreshment break**
3.15 - 3.45	**School based interventions to support children who are experiencing loss and grief** **Amanda Milne,** Principal Teacher, Lawthorn Primary School, North Ayrshire **Andrena Waghorn,** Depute Head Teacher, Craigie High School, Dundee
3.45 - 4.10	**'The Honeycomb Effect' Natures secret principles for building emotional health and resilience** **Dr Alex Yellowlees,** Medical Director, Priory Hospital, Glasgow and Consultant Psychiatrist
4.10 - 4.20	**Questions, discussion and closing remarks**
4.20pm	**Close**

Troubled Times – Working with Children and Young People with Attachment Issues and Mental Health Problems

A Half Day Workshop with Aqualma Murray, MA in Social Work

Wednesday 16th May 2012, Glasgow

Feedback from previous delegates:

"Aqualma is an inspirational tutor" *Child & Youth Care Worker*
"Practical ideas linked to theory and lots of tips" *Social Worker*
"Very relevant" *Nurse*
" Real life case studies and stories" *Teacher*

About the Workshop - Troubled Times

This workshop will focus on attachment issues and the impact on children who have experienced abuse and neglect in childhood, we will consider the affect on the brain development, issues of mental illness and trauma in children.

The workshop will offer an opportunity for participants to develop skills in working constructively with children and young people who have challenging behaviour and mental health issues. We also will consider how early attachment issues impacts on future relationships and life choices.

The workshop will be taught through a series of short presentations, scenarios and case studies along with group exercise and discussion to ensure your learning is interesting and informative.

Course Tutor: Aqualma Murray

Aqualma has been in social work for over twenty five years, and has worked with a range of services in most care settings. Her experience as a professional social worker /manager is wide and varied, including child protection, brain injury and working with physical disabilities. Aqualma has worked as the national lead manager for a charity promoting the rights and wellbeing of children who are looked after by local government and within young offender's institutions, secure children's homes and secure training centres.

Aqualma's training style is dynamic, inclusive and valuing of what participants bring and share. She has a MA in advanced social work, post qualifying award in social work, Diploma in counselling survivors of abuse and a certificate in social group work.

Workshop Information

Date: Wednesday 16th May 2012

Venue: Scottish Youth Theatre,
105 Brunswick Street, Glasgow G1 1TF
0141 552 3988

Time: The workshop will start promptly at 1.00pm and finish at 4.30pm. Registration will be from 12.00 - 1.00 pm

Registration cost: £95.00 including refreshments

Accommodation
Please see: www.seeglasgow.com

Registration

By Post: To register for this workshop, please complete the registration form on the leaflet, detach and return no later than **Tuesday 1st May 2012**.

Online: www.medicacpd.com

Telephone: 0141 270 8097 / 079 6656 1474

It is advisable book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you; if you have not received confirmation within ten days of submitting your booking please contact Carolyn on the above numbers or email **carolyn@medicacpd.com**.

Registration Form

Your Details (Please fill in BLOCK CAPITALS)

First name	Surname
Job title	
Organisation	
Email (required)	
Address	
Postcode	Telephone
Special diets/mobility	

☐ Confirmation of your registration and further details will be sent by email. If you would prefer to receive confirmation by post please tick this box. If you do not receive confirmation of your booking within 10 days please call **0141 270 8097** or email **Carolyn@medicacpd.com**

I wish to attend *(please tick the appropriate box)*

☐ **Children's Mental Health Conference,** Tuesday 15th May 2012, £197

☐ **Troubled Times Workshop,** Wednesday 16th May 2012, Glasgow, £95

☐ **Discount - I wish to attend both events: £250**

For Group bookings: Please call the Medica Cpd Office

How to Pay: It is the responsibility of the delegate to ensure payment is made prior to attendance of the event *(please tick the appropriate box)*

☐ **By Cheque:** I enclose a cheque for the appropriate amount made payable to "**Medica Cpd Ltd**" and send with the form to the address below for the attention of Carolyn Fraser.

☐ **By Credit Card:** Please book online at www.medicacpd.com

Please note: A small service charge of 3.4% will be added to all credit/debit card payments

☐ **By Invoice:** Please send invoice to if different from above –

Name: (in BLOCK CAPITALS) _____

Job Title _____

Organisation _____

Address _____

Postcode _____ Telephone _____

Email _____

Purchase order number (if relevant) _____

An invoice will be sent to the appropriate person by email. If you would prefer to receive confirmation by post please tick this box ☐

Payment: 30 days from invoice date or before the event date (whichever comes sooner). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Terms and Conditions **1.** Your registration constitutes a legally binding agreement. Payment must be received before the event. **2.** Cancellation policy: Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before the 1 March 2012. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. "No shows" on the day are liable for the registration fee. **3.** The organisers reserve the right to change the programme, speakers and venue as required. **4.** In the unlikely event that we have to cancel the event we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of these events will be entered into a database and used by the conference organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the Conference Organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

MEDICACPD

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