

1.9.4 Black and Minority Ethnic Issues

The [Ethnic Minorities Law Centre](#) provides free legal advice and representation to individuals from Scotland's Black and Minority Ethnic (BME) communities, as well as training and second-tier advice to Citizens Advice Bureaux and other agencies across Scotland. It operates out of offices in Glasgow and Edinburgh and has several projects extending its services to individuals living in eleven local authorities across the country.

Contact EMLC through the email enquiry form on their website

Saheliya is a specialist mental health and well-being support organisation for black and minority ethnic women and girls (12+). It provides counselling, complementary therapies, practical and emotional support, youth and group work and works to promote mental well-being by combating the effects of discrimination and abuse, reducing the stigma of mental health, and improving access to mainstream services.
t: 0131 556 9302 e: info@saheliya.co.uk

The Scottish Refugee Council is an independent charity helping refugees and asylum seekers in Glasgow and across Scotland. It provides asylum support and direct advice services to asylum seekers and refugees. It conducts detailed policy work to influence policy makers in Scotland and the UK and bring the issues that matter to those seeking refuge in Scotland to the fore. It also supports community organisations working with, or run by, refugees and asylum seekers.
t: 0141 248 9799 e: info@scottishrefugeecouncil.org.uk

Bipolar Scotland is not responsible for any of the information featured on external websites. If you have any unhelpful experiences using any of the sites listed here, please tell us at info@bipolarscotland.org.uk – and please also tell us about any good sites you encounter so we can add them to our list.